

FRIDAY AUG 10TH
UNTIL
SUNDAY SEPT 16TH



SUPPLEMENTS LOWEST PRICES
www.popeyessupplements.com

EXCLUSIVE VALUE SIZE SALE!

BUY 1, GET 1
30% OFF!
MIX & MATCH!*



100+ Value Size & Exclusive Products
To Choose From!

Buy one item at regular price, get one at equal or lesser value at 30% off. This is only applicable on all Popeye's® Supplements Value Size and Exclusive Products featured in this flyer and cannot be applied to any other product in store. Products not available at all locations across Canada. All offers are valid from Aug 10th to Sept 16th 2018. While supplies last. We reserve the right for any typo, misprint, error, mistake in this advertisement or any portions of our website as well as refuse any purchase.

OVER 140 STORES ACROSS CANADA



www.popeyessupplements.com

WE CAN'T

WE WILL BEAT ANY ONLINE OFFER

BUY 1, GET 1
30% OFF!
MIX & MATCH!*

Our **Mix & Match** Sale allows you to take full advantage of our large variety of **Popeye's® Supplements Value Size and Exclusive products**. By purchasing any **two qualifying products**, you save **30%** on the lesser priced item. So, Mix & Match complimentary products to build stacks that will not only **help you achieve your health and fitness goals**, but also give you the **absolute best cost per serving possible!**



SUPPLEMENTS LOWEST PRICES
www.popeyessupplements.com

Receipt:

Qty	Description	Amount
	PVL HydroGold 5.5lbs	\$99 ⁹⁹
	PVL Glutamine Gold 322g	\$25 ⁰⁰
	Free:	-\$25 ⁰⁰
	Cellucor C4 Ultimate 40 Servings	\$79 ⁹⁹
	30% Discount:	-\$24 ⁰⁰
		\$55 ⁹⁹
	EFX Karbolyn 5.28lbs	\$69 ⁹⁹
	Magnum Primer 30 servings	\$54 ⁹⁹
	30% Discount:	-\$16 ⁵⁰
		\$38 ⁴⁹
		=====
		\$264 ⁴⁶

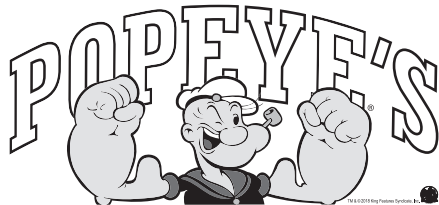
You Saved: \$65⁵⁰

Popeye's® Supplements
Thank you for shopping!
We hope you'll come back soon!

Buy one item at regular price, get one at equal or lesser value at 30% off. This is only applicable on all Popeye's® Supplements Value Size and Exclusive Products featured in this flyer and cannot be applied to any other product in store. Products not available at all locations across Canada. All offers are valid from Aug 10th to Sept 16th 2018. While supplies last. We reserve the right for any typo, misprint, error, mistake in this advertisement or any portions of our website as well as refuse any purchase.

BE BEAT!

R INSTORE ADVERTISED PRICE.



SUPPLEMENTS LOWEST PRICES
www.popeyessupplements.com

Receipt:

Qty	Description	Amount
	=====	
	Magnum Quattro 4.5lbs	\$89 ⁹⁹
	Mutant BCAA 9.7 1322g	\$79⁹⁹
	30% Discount:	-\$24⁰⁰
		\$55 ⁹⁹
	Mutant BCAA 3 Servings	\$6⁰⁰
	Free:	-\$6⁰⁰
	MuscleTech Hydroxycut Elite 136 Caps	\$54 ⁹⁹
	Nutrabolics Carnibolic 44 Servings	\$44⁹⁹
	30% Discount:	-\$13⁵⁰
		\$31 ⁴⁹
	=====	
		\$232 ⁴⁶

You Saved: \$43⁵⁰

Popeye's® Supplements
Thank you for shopping!
We hope you'll come back soon!



SUPPLEMENTS LOWEST PRICES
www.popeyessupplements.com

Popeye's® Supplements Value Sizes have anywhere from **20% to 60% more** product than the regular market size. A Popeye's® Supplements Value Size is a **larger, custom size** that is only available at Popeye's® Supplements. These products deliver a much **lower cost per serving**, giving our customers the **best value possible**.

WHEY ISOLATE

Whey isolate protein powder is your best option for a **clean, fast absorbing and highly bioavailable** source of protein. Ideal for **immediately after exercise** to increase protein synthesis, **improve recovery** and **accelerate muscle growth**. Pair it with a carbohydrate like EFX Karbolyn (pg 19) for an even better post workout shake!



"Accelerate muscle growth"

**Revolution Nutrition
Whey Isolate**
~~5lbs - 67 Servings~~
6lbs - 80 Servings



BUY 1ST ONE
84⁹⁹

GET 2ND ONE
59⁴⁹

Save \$25.50

✓ High Protein Formula
✓ Mixes Instantly

**Revolution Nutrition
Whey Isolate**

~~5lbs - 67 Servings~~
10lbs - 134 Servings



BUY 1ST ONE
119⁹⁹

GET 2ND ONE
83⁹⁹

Save \$36

✓ 3 Flavour Variety Pack
✓ Mixes Instantly

**PVL
IsoGold**

~~5lbs - 73 Servings~~
6lbs - 88 Servings



BUY 1ST ONE
99⁹⁹

GET 2ND ONE
69⁹⁹

Save \$30

✓ Lactase Fortified
✓ Faster Absorption

**PVL
HydroGold**

5.5lbs - 78 Servings



BUY 1ST ONE
99⁹⁹

Save \$25

GET 2ND ONE
69⁹⁹

Save \$80

✓ Pure Whey Protein Hydrolysate
✓ Fastest Absorbing Protein

FREE BONUS!
WITH EACH PURCHASE

**Glutamine
Gold+**

322g

**\$25
VALUE!**



FREE BONUS!
WITH EACH PURCHASE

**Mutant
BCAA 9.7**

3 Servings

**\$6
VALUE!**



**Mutant
IsoSurge**

~~5lbs - 71 Servings~~
6lbs - 85 Servings



BUY 1ST ONE
99⁹⁹

Save \$6

GET 2ND ONE
69⁹⁹

Save \$42

✓ High Speed Absorption
✓ Amazing Gourmet Flavours

OVER 140 STORES ACROSS CANADA



BioX Power Whey Isolate

5lbs - 64 Servings
6.5lbs - 84 Servings



BUY 1ST ONE
99⁹⁹
GET 2ND ONE
69⁹⁹
Save \$30

✓ Complete & Biologically Active
✓ Virtually Carb & Fat Free

Rule1 R1 Protein

5lbs - 76 Servings



BUY 1ST ONE
89⁹⁹
GET 2ND ONE
62⁹⁹
Save \$27

✓ Whey Isolate and Hydrolysate
✓ Fast Absorption

Precision Extreme Isolate 97

840g - 21 Servings



BUY 1ST ONE
89⁹⁹
GET 2ND ONE
62⁹⁹
Save \$27

✓ Exclusively WPI 97 Whey Isolate
✓ Ajipure BCAA & Glutamine

Precision Extreme 97

4.4lbs - 50 Servings



BUY 1ST ONE
179⁹⁹
GET 2ND ONE
125⁹⁹
Save \$54

✓ Uses Exclusively WPI97
✓ Ajipure BCAA & Glutamine

"Improve recovery"

BUY 1, GET 1
30% OFF!
MIX & MATCH!*

Take advantage of the Buy 1, Get 1 30% off mix & match by combining your protein with a carb.

Try adding a Carbohydrate powder to either your Isolate or Mixed Whey shake post workout. Fast absorbing carbs will not only help replenish glycogen stores, but help your body better absorb the protein which will enhance recovery.

Get 30% off the equal or lesser valued items when purchasing 2 products!!!

Cellucor Isolate

INFORMED CHOICE
Trusted by sport

1.8lbs - 28 Servings
4lbs - 58 Servings



BUY 1ST ONE
69⁹⁹
GET 2ND ONE
48⁹⁹
Save \$21

✓ Informed Choice Certified
✓ Gluten Free

Beyond Yourself Infuzer Isolate

5.28lbs - 84 Servings



BUY 1ST ONE
89⁹⁹
GET 2ND ONE
62⁹⁹
Save \$27

✓ Unflavoured Whey Isolate
✓ Fast Absorption

Beyond Yourself Flavour Infuzers

42 Servings



BUY 1ST ONE
9⁹⁹
GET 2ND ONE
6⁹⁹
Save \$3

✓ Decadent Flavours
✓ Add to Coffee, Yogurt & More!

Beyond Yourself Infuzer Isolate

5.28lbs - 84 Servings +
2 Flavour Infuzers
42 Servings



BUY 1ST ONE
99⁹⁹
Save \$10
GET 2ND ONE
69⁹⁹
Save \$50

✓ Unflavoured Whey Isolate
✓ Decadent Flavours

www.popeyessupplements.com



vega SPORT

HELP BUILD AND REPAIR MUSCLES.

VEGA SPORT® PERFORMANCE PROTEIN

30g
PROTEIN

6g
BCAAs



10%
OFF
VEGA
PRODUCTS



★★★ REAL WHOLE FOOD SOURCES

MRE, MRE LITE & MRE BAR

REDCON1

REDCON1 ATHLETE
JEREMY POTVIN

BUY 1, GET 1
30% OFF!
MIX & MATCH!



REDCON1.COM

20g
GRAMS
OF PROTEIN



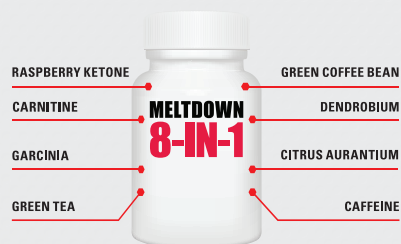
EXTREME RESULTS.

PRECISION



8X FAT LOSS

MELTDOWN 8-IN-1 is a groundbreaking formula that fuses together a full, scientific dose of 8 powerhouse ingredients.



BUY 1, GET 1 30% OFF! MIX & MATCH!

PRECISION EX MELTDOWN 8-IN-1 **PRECISION EX MEGATEST**

HELPS SUPPORT FAT METABOLISM **PROMOTES TESTOSTERONE PRODUCTION**

- 8** A FULL CAPSULE'S WORTH OF 8 UNIQUE INGREDIENTS*
- MULTI SOURCE STRATEGY**
- INCLUDING CARNITINE, CITRUS AURANTIUM & DENDROBIUM**
- 8 TESTOSTERONE AMPLIFIERS**
- 3 ANTI-AROMATASE AGENTS INCLUDING 200mg DIM**
- FULL CLINICAL DOSE OF KSM-66® & LJ-100***

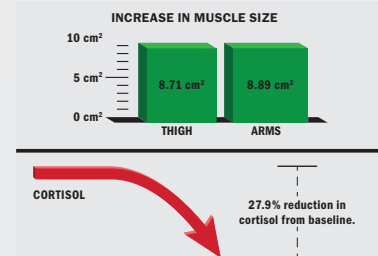
150 capsules VALUE SIZE **160 capsules VALUE SIZE**

*per daily dose

FAST TRACK TO GROWTH

MEGATEST is a powerful combination of what you need to shift your biology into an alpha, muscle-building state.

CLINICAL EFFECTS OF KSM-66® ASHWAGANDHA*



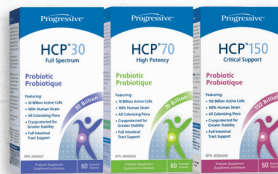
*Participants consumed 300mg of KSM-66® twice daily for 8 weeks.

Build Your Foundation



MultiVitamins

Increase energy & fill in nutritional gaps.



HCP® Probiotics

Optimize digestion & fortify immunity.



FishOil

Fight inflammation & improve mood.

Strengthen Your Foundation



CompleteCollagen

Mend and repair your active body.



Strong bones



Lean muscle



Connective tissue



Teeth & gums



Hair, skin & nails



Progressive®

BEST TASTING WORKOUT



SUPPLEMENTS LOWEST PRICES
www.popeyessupplements.com

**PRE
WORKOUT**

**INTRA
WORKOUT**

MAGNUM[®]
NUTRACEUTICALS
PRE4

EXTREMELY CONCENTRATED
PRE-WORKOUT
PRÉ-ENTRAÎNEMENT
EXTRÊMEMENT CONCENTRÉ

50

BLUE SHARK CANDY
ONBON REQUIN BLEU

MAGNUM[®]
NUTRACEUTICALS
OPUS

EXTREME
INTRA-WORKOUT
INTRA-ENTRAÎNEMENT
EXTRÊME

RED BERRY CANDY
ONBON AUX BAIES R

BUY 1, GET 1
30% OFF!
MIX & MATCH*

WITH SCIENTIFICALLY-PROVEN RESULTS!

PRE4 SCIENTIFICALLY PROVEN KEY INGREDIENTS

6g

Citrulline
Malate

Increases muscular
energy and amplifies
blood flow for huge
pumps!

500mg

Agmatine
Sulphate

Nootropic that
creates insane
intensity and razor
sharp focus.

500mg

Acetyl-L-
Carnitine

Elevates mood for
augmented
happiness and
positivity.

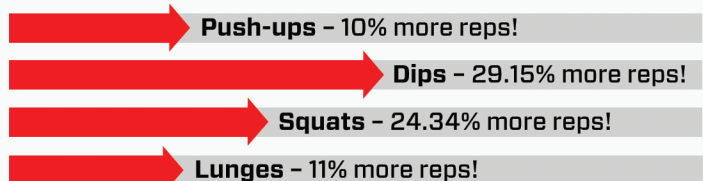
400mg

Caffeine
Anhydrous +
Dicafeine
Malate

Maximizes your
amount of crazy
energy pre-training.

OPUS[®] SCIENTIFICALLY PROVEN RESULTS

A study conducted at Wingate University had participants take either OPUS or a placebo. They then performed push-ups, squats, dips and lunges. The OPUS group experienced a significant increase in athletic performance compared to the placebo group!



BETTER INGREDIENTS, BETTER RESULTS.[®]

1.888.6.MAGNUM / WWW.MAGNUMSUPPS.COM



MAGNUM[®]
NUTRACEUTICALS

Revolution Nutrition

Mad Mass

10lbs - 18 Servings @ 4 Scoops
36 Servings @ 2 Scoops
13lbs
24 Servings @ 4 Scoops
48 Servings @ 2 Scoops



BUY 1ST ONE
66⁹⁹

GET 2ND ONE
46⁸⁹

Save \$21.10

- ✓ 940 Calories Per Shake
- ✓ Low Fat, High Carb & Protein

Precision Big Time

10lbs
18 Servings @ 4 Scoops
36 Servings @ 2 Scoops



BUY 1ST ONE
99⁹⁹

GET 2ND ONE
69⁹⁹

Save \$30

- ✓ High Protein Keeps You Anabolic
- ✓ High Quality Carb Sources

In most weight gainers, the main ingredients include **protein, carbohydrates and fats**. Most will have added **vitamins and minerals** and many include additional amino acids like **glutamine, BCAAs and creatine**. A weight gainer is designed to give the 'hard gainer' a great, all-in-one source of quality calories. The calories from carbohydrates and fats will **support metabolism and training** so that the protein can be spared to **build new muscle tissue**.

WEIGHT GAINERS

Rule1 R1 LBS

12lbs
20 Servings @ 2 Scoops
40 Servings @ 1 Scoop



BUY 1ST ONE
69⁹⁹

GET 2ND ONE
48⁹⁹

Save \$21

- ✓ 2g Creatine monohydrate
- ✓ L-glutamine Fortified

Rivalus Clean Gainer

10lbs - 32 Servings
12lbs
40 Servings @ 2 Scoops
80 Servings @ 1 Scoops



BUY 1ST ONE
99⁹⁹

GET 2ND ONE
69⁹⁹

Save \$30

- ✓ 30g of Protein Per Serving
- ✓ Rich in BCAAs

"Build
new muscle
tissue"

BUY 1, GET 1
30% OFF!
MIX & MATCH!

Nutraceuticals Mass Fusion

16lbs - 29 Servings @ 3 Scoops
58 Servings @ 1.5 Scoops
20lbs
36 Servings @ 3 Scoops
72 Servings @ 1.5 Scoops



BUY 1ST ONE
89⁹⁹

GET 2ND ONE
62⁹⁹

Save \$27

- ✓ Repairs Your Muscles
- ✓ No Added Sugar or Fillers

**INFORMED-
CHOICE**



Trusted by sport

Informed-Choice is a quality assurance program for sports nutrition products, suppliers to the sports nutrition industry, and supplement manufacturing facilities. It is a monitoring program that certifies that a supplement product and/or raw material that bears the Informed-Choice logo has been 'skip-lot' tested (tested at least on a monthly basis) for banned substances by LGC's world-class sports anti-doping lab.

Rivalus Promasil Natural

2lbs - 29 Servings
5lbs - 72 Servings



BUY 1ST ONE
84⁹⁹

GET 2ND ONE
59⁴⁹

Save \$25.50

- ✓ Guaranteed Safe For Sport
- ✓ Stevia & Monkfruit Sweetened



Magnum Quattro

4lbs - 50 Servings
4.5lbs - 57 Servings



BUY 1ST ONE
89⁹⁹

GET 2ND ONE
62⁹⁹

Save \$27

- ✓ Pharmaceutical Grade
- ✓ 4 Sources of Isolate Protein

SUSTAINED RELEASE

EXCLUSIVE VALUE SIZE SALE!

Magnum Acid

90 Caps - 45 Servings
180 Caps - 90 Servings



BUY 1ST ONE
44⁹⁹
GET 2ND ONE
31⁴⁹
Save \$13.50

✓ Stim Free Weight Loss Support
✓ Pharmaceutical Grade CLA

PVL Carnitine Gold

120 Caps - 60 Servings
228 Caps - 124 Servings



BUY 1ST ONE
39⁹⁹
GET 2ND ONE
27⁹⁹
Save \$12

✓ Helps Metabolise Fat For Energy
✓ 750mg of L-Carnitine Per Cap

Precision CLA

120 Caps - 60 Servings
240 Caps - 120 Servings



BUY 1ST ONE
44⁹⁹
GET 2ND ONE
31⁴⁹
Save \$13.50

✓ Contains 80% Active CLA
✓ Supports Thyroid Function

Magnum Acid

90 Caps - 45 Servings
360 Caps - 180 Servings



BUY 1ST ONE
79⁹⁹
GET 2ND ONE
55⁹⁹
Save \$24

✓ Stim Free Weight Loss Support
✓ Pharmaceutical Grade CLA



"Support healthy weight loss"

Nutraceutical Carnibolic

150g - 30 Servings
200g - 40 Servings



BUY 1ST ONE
44⁹⁹
GET 2ND ONE
31⁴⁹
Save \$13.50

✓ Low In Stimulants
✓ 2000mg of L-Carnitine Tartrate

PVL EGCG Gold

120 Caps - 60 Servings
228 Caps - 124 Servings



BUY 1ST ONE
39⁹⁹
GET 2ND ONE
27⁹⁹
Save \$12

✓ 450mg green Tea Extract
✓ Encourages Fat Loss

Magnum Mimic

60 Caps - 30 Servings
90 Caps - 45 Servings



BUY 1ST ONE
39⁹⁹
GET 2ND ONE
27⁹⁹
Save \$12

✓ Improve Insulin Sensitivity
✓ Increase Nutrient Absorption

ATP Adipolitik

120 Caps - 60 Servings
180 Caps - 90 Servings



BUY 1ST ONE
59⁹⁹
GET 2ND ONE
41⁹⁹
Save \$18

✓ Reduces Cravings
✓ Increases Metabolism

WEIGHT LOSS

Products in this category support healthy weight loss **without the use of any stimulants**, so no jittery feelings. They can be taken in combination with each other for accelerated results, or stacked with a stimulant based fat burner. They can also be **taken long term** as there are **no known side effects**. We'll help you discover which of these products will best suit your lifestyle and unique needs.

OVER 140 STORES ACROSS CANADA



Precision Extreme MeltDown 8 in 1

144 Caps - 48 Servings



BUY 1ST ONE
69⁹⁹

GET 2ND ONE
48⁹⁹

Save \$21

✓ Rasp Ketones & Garcinia Cambogia
✓ 8 Powerhouse Ingredients

Nutraceuticals Thermal XTC

~~174g - 30 Servings~~
232g - 40 Servings



BUY 1ST ONE
44⁹⁹

GET 2ND ONE
31⁴⁹

Save \$13.50

✓ Delicious Flavours
✓ Suppress Appetite & Fat Storage

MuscleTech Hydroxycut Elite

~~110 Caps - 55 Servings~~
136 Caps - 68 Servings



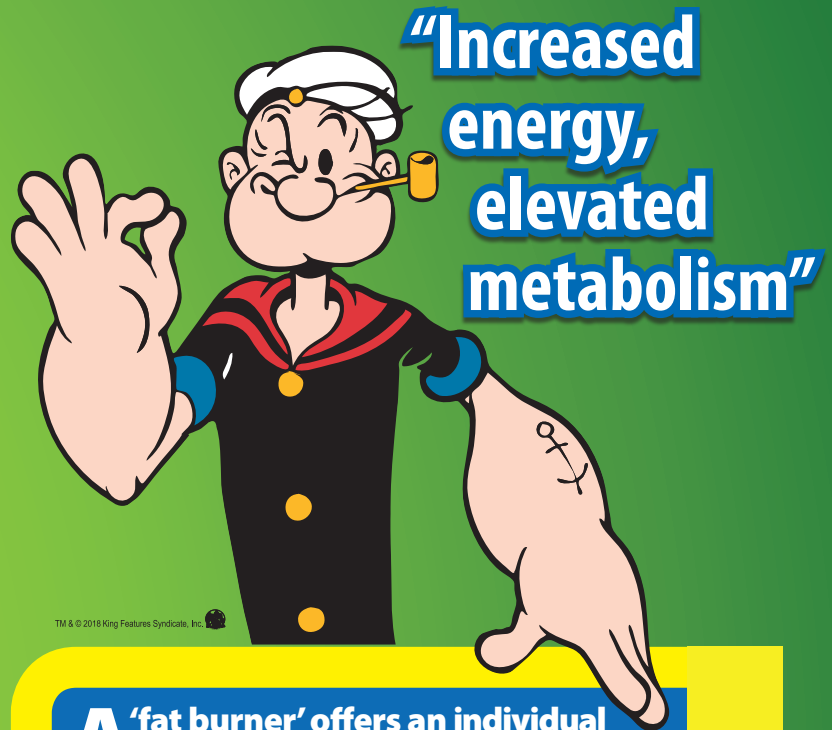
BUY 1ST ONE
54⁹⁹

GET 2ND ONE
38⁴⁹

Save \$16.50

✓ Increases thermogenesis
✓ Coleus Forskohlii & L-Theanine

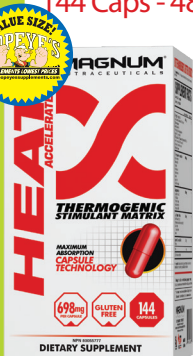
BUY 1, GET 1
30% OFF!
MIX & MATCH!*



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Magnum Heat Accelerated

~~120 Caps - 40 Servings~~
144 Caps - 48 Servings



BUY 1ST ONE
59⁹⁹

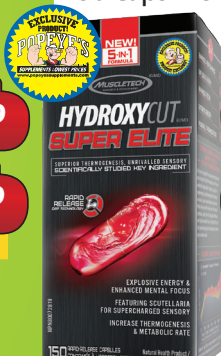
GET 2ND ONE
41⁹⁹

Save \$18

✓ Rapid Thermogenic Effect
✓ Improved Energy & Mental Focus

MuscleTech Hydroxycut Super Elite

150 Caps - 75 Servings



BUY 1ST ONE
79⁹⁹

GET 2ND ONE
55⁹⁹

Save \$24

✓ Rapid Release Liquid Caps
✓ Explosive Energy & Focus

A 'fat burner' offers an individual on a weight loss program, with a tool to **accelerate their results**. When other lifestyle factors are in place (diet, exercise, stress, sleep), a fat burner will help with everything from **increased energy, elevated metabolism, appetite control, blood sugar regulation** and more. Most often, you will take a serving (1 - 2 Capsules) in the morning and again in the early afternoon. These **stack well with CLA and Carnitine** for accelerated results.

FAT BURNER

www.popeyessupplements.com





100%

WHEY PROTEIN ISOLATE



GLUTEN FREE |



DOMINATE

EVERY SECOND
OF YOUR WORKOUT.



NORTH AMERICA'S #1 SELLING BODYBUILDING SUPPLEMENT BRAND

NEW 4-IN-1 FORMULA

BUY 1, GET 1 30% OFF! MIX & MATCH!

MUSCLETECH PERFORMANCE SERIES

TEST HD SUPER ELITE

SUPPORTS TESTOSTERONE. HELPS REDUCE STRESS. SCIENTIFICALLY STUDIED KEY INGREDIENTS

RAPID RELEASE

SUPPORTS TESTOSTERONE
INCREASES MUSCLE STRENGTH
SUPPORTS COGNITIVE FUNCTION
HELPS REDUCE STRESS

180 RAPID-RELEASE CAPSULES
COMPRIMÉS À LIBÉRATION RAPIDE

Natural Health Product /
Produit de santé naturel

NEW!
4-IN-1
FORMULA

Supports Testosterone Production

MuscleTech® researchers engineered this ultra-premium formula with a scientific dose of KSM-66™ Ashwagandha (*Withania somnifera*) extract to support testosterone production.



RAPID RELEASE CAP TECHNOLOGY

SUPERIOR

TESTOSTERONE-BOOSTING FORMULA

Increase testosterone and reduce stress levels with the new Test HD® Super Elite from MuscleTech®. This 4-in-1 formula features KSM-66™ Ashwagandha extract, which has been scientifically shown to increase testosterone. Amplify your testosterone levels with Test HD® Super Elite today.

4-IN-1

- SUPPORTS TESTOSTERONE PRODUCTION
- INCREASES MUSCLE STRENGTH
- SUPPORTS COGNITIVE FUNCTION
- HELPS REDUCE STRESS LEVELS

ANABOLIC & ANTI-CATABOLIC **INCREASE TESTOSTERONE LEVELS** **INCREASE STRENGTH**

[Twitter](#) [Facebook](#) [Instagram](#)
MUSCLETECH.CA

*MuscleTech® is North America's #1 Selling Bodybuilding Supplement Brand based on cumulative wholesale dollar sales 2001 to present. Facebook logo is owned by Facebook Inc. Read the entire label and follow directions. © 2017

POPEYE'S
SUPPLEMENTS LOWEST PRICES
www.popeyescanada.com

MUSCLETECH
RESEARCH & DEVELOPMENT
SUPERIOR SCIENCE. SUPERIOR RESULTS.™

BIOSTEEL



91 TYLER SEGUIN

97 CONNOR McDAVID



NATURAL HIGH PERFORMANCE SPORTS MIX

- ✓ FERMENTED AMINO ACIDS, FULL VITAMIN B COMPLEX & MULTI MINERAL BLEND OF ELECTROLYTES
- ✓ STACKABLE WITH ANY PRE / INTRA / POST EXERCISE SUPPLEMENT FOR OPTIMAL HYDRATION.
- ✓ NATURALLY FLAVOURED, COLOURED AND SWEETENED WITH STEVIA
- ✓ 100% VEGAN; GLUTEN FREE; SOY FREE; NON GMO
- ✓ EXCLUSIVE VALUE SIZE OF 100 SERVINGS FOR ALL 3 FLAVOURS!

AVAILABLE IN **MIXED BERRY** **LEMON LIME** **ORANGE**

A NATURALLY UNIQUE BLEND OF HIGHLY BIOAVAILABLE VITAMINS, MINERALS AND AMINO ACIDS TO SUPPORT PROPER HYDRATION, FOCUS, ENDURANCE AND RECOVERY.



SPORT GREENS

- ✓ ORGANIC BLEND OF LAND AND SEA GREENS INCLUDING 1875 MG OF SPIRULINA
- ✓ INCLUDES CONCENTRATE™ IONIC TRACE MINERALS FOR MAXIMUM BIOAVAILABILITY
- ✓ POWERFUL ANTIOXIDANTS INCLUDING TART CHERRY, GREEN TEA, ASTAXANTHIN & COQ10
- ✓ UNIQUE RECOVERY COMPLEX FEATURING FERMENTED AMINOS COMBINED WITH TURMERIC
- ✓ DIGESTIVE SUPPORT WITH DAIRY FREE PREBIOTIC AND PROBIOTIC SOURCES PLUS BETAINE

AVAILABLE IN **ACAI LEMONADE** **PINEAPPLE COCONUT** **POMEGRANATE BERRY**

FEATURING OVER 20 WHOLE FOOD INGREDIENTS TO PROVIDE DAILY NUTRITIONAL SUPPORT FOR A HEALTHY METABOLISM, ENHANCED IMMUNE FUNCTION, AND IMPROVED DIGESTION FOR EVERYDAY PERFORMANCE.

BRANCH CHAIN AMINO ACID (BCAA)

Nutrabolics Anabolic State

~~375g - 30 Servings~~
1375g - 110 Servings



BUY 1ST ONE
89⁹⁹
GET 2ND ONE
62⁹⁹
Save \$27

- ✓ Prevent Muscle Breakdown
- ✓ 6g Of BCAAs per Serving

MuscleTech Amino Build Next Gen

~~276g - 30 Servings~~
414g - 45 Servings



BUY 1ST ONE
54⁹⁹
GET 2ND ONE
38⁴⁹
Save \$16.50

- ✓ Precise Electrolyte Complex
- ✓ Beta Alanine For Endurance

Revolution Amino Burn

~~325g - 30 Servings~~
970g - 90 Servings

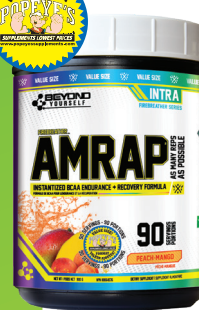


BUY 1ST ONE
89⁹⁹
GET 2ND ONE
62⁹⁹
Save \$27

- ✓ Advanced 4:1:1 BCAA Ratio
- ✓ Carnitine & CLA

Beyond Yourself AMRAP

~~488g - 40 Servings~~
900g - 90 Servings



BUY 1ST ONE
79⁹⁹
GET 2ND ONE
55⁹⁹
Save \$24

- ✓ 4:1:1 BCAA Ratio
- ✓ Zero Calories, Zero Carbs

BCAAs (Branch Chain Amino Acids) play a vital role in **energy metabolism, recovery** and **muscle growth**. BCAAs allow athletes to **train more effectively** by **staving off fatigue** during long, high intensity workouts. They're an excellent tool for anyone trying to lose weight while maintaining muscle mass as they are very **anti-catabolic**. These are best taken during training and are what you see most people sipping on at the gym.

"Train more effectively"

FREE BONUS!
WITH EACH PURCHASE

Mutant BCAA 9.7
3 Servings

\$6 VALUE!



Mutant BCAA 9.7

~~1044g - 90 Servings~~
1322g - 114 Servings



BUY 1ST ONE
79⁹⁹
Save \$6
GET 2ND ONE
55⁹⁹
Save \$36

- ✓ 7.2g of Fully Instantized BCAAs
- ✓ Available in Many Flavours

Revolution Nutrition Pure BCAA

~~280g - 35 Servings~~
960g - 120 Servings



BUY 1ST ONE
69⁹⁹
GET 2ND ONE
48⁹⁹
Save \$21

- ✓ Amazing Candy Flavours
- ✓ Contains Only BCAAs

Rule1 R1 BCAAs

426g - 60 Servings

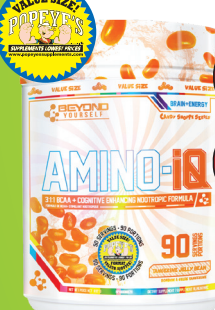


BUY 1ST ONE
39⁹⁹
GET 2ND ONE
27⁹⁹
Save \$12

- ✓ 2:1:1 BCAA Ratio
- ✓ 5g of BCAA per serving

Beyond Yourself Amino IQ

~~372g - 40 Servings~~
837g - 90 Servings



BUY 1ST ONE
79⁹⁹
GET 2ND ONE
55⁹⁹
Save \$24

- ✓ Cognitive Enhancing Nootropic
- ✓ No Artificial Sweeteners or Dyes

Revolution Pure EAA

~~240g - 30 Servings~~
960g - 120 Servings



BUY 1ST ONE
69⁹⁹
GET 2ND ONE
48⁹⁹
Save \$21

- ✓ Essential Amino Acids
- ✓ Incredible Candy Flavours!

EXCLUSIVE VALUE SIZE SALE!

Glutamine is classified as a **conditionally essential amino acid**. This means that under 'normal circumstances', the 'average person' need not supplement with Glutamine. This is not the case for hard working **athletes and individuals that exercise regularly**, or with **particular health challenges**. Glutamine plays an integral role in **muscle recovery** from training and competition. Beyond that, it has **proven benefits** for both **gut and immune health**. People routinely supplement with 5g – 20g per day (and even more) depending on their particular situation.

MuscleTech Platinum Glutamine

300g - 67 Servings
1300g - 289 Servings



BUY 1ST ONE
59⁹⁹
GET 2ND ONE
41⁹⁹
Save \$18

✓ Recover Better
✓ Helps With Digestive System

GLUTAMINE



"Better muscle recovery"

NSF

Certified for Sport®

NSF certified products are the most trusted choice for athletes, coaches and all those concerned about product efficacy, product safety and banned substances

in sports supplements. This rigorous process is the gold standard on true 'third party' testing, and provides key preventative measures to:

✓ Identify Athletic Banned Substances in the Finished Product or Ingredients

BioSteel High Performance Sports Mix

315g - 45 Servings
700g - 100 Servings



BUY 1ST ONE
89⁹⁹
GET 2ND ONE
62⁹⁹
Save \$27

✓ Helps Stimulate Muscle Repair
✓ Prevents Muscle Breakdown

✓ Protect Against Adulteration of Products

BioSteel Sport Greens

306g - 30 Servings



BUY 1ST ONE
39⁹⁹
GET 2ND ONE
27⁹⁹
Save \$12

✓ Banned Substance Free
✓ High Performance Superfood

✓ Verify Label Claims Against Product Contents

SPORTS / RECOVERY

FRIDAY AUG 10TH - SUNDAY SEPT 16TH



8000 mg
CITRULLINE
MALATE

2100 mg
NOOTROPICS
INGREDIENTS

1500 mg
NITROSIGINE®

**4 AMAZING
CANDY FLAVOURS!**



THE MOST INTENSE PRE-WORKOUT!

BUY ONE GET ONE 30% OFF!



THE FIRST EVER DESSERT PROTEIN!

WITH REAL DESSERT BITES!

BUY 1 GET 1
30% OFF!

6 INCREDIBLE
FLAVOURS

CHOCOLATE
MINT
ICE CREAM

CHURROS

LEMON
MERINGUE
PIE

MATCHA
LATTE

MOCHA
MARZIPAN

S'MORES

NEW!

BUY 1, GET 1
30%
OFF!
MIX & MATCH!



MIXED WHEY

Revolution Nutrition High Whey **NEW**

~~5lbs - 58 Servings~~
15lbs - 176 Servings

VALUE SIZE!
POPEYE'S
EXTRAORDINARY LOWEST PRICE!

BUY 1ST ONE
119⁹⁹

GET 2ND ONE
83⁹⁹

Save \$36

✓ 3 Flavour Variety Pack
Best Price Per Pound

Revolution Nutrition High Whey

~~5lbs - 58 Servings~~
6lbs - 70 Servings

VALUE SIZE!
POPEYE'S
EXTRAORDINARY LOWEST PRICE!

BUY 1ST ONE
59⁹⁹

GET 2ND ONE
41⁹⁹

Save \$18

✓ Amazing Flavours
Peanut & Gluten Free

MusclePharm Combat

~~5lbs - 65 Servings~~
10lbs - 130 Servings

VALUE SIZE!
POPEYE'S
EXTRAORDINARY LOWEST PRICE!

BUY 1ST ONE
99⁹⁹

GET 2ND ONE
69⁹⁹

Save \$30

✓ Digests Over 8 Hours
Digestive Enzyme Blend

BioX Power Whey Complex

~~5lbs - 65 Servings~~
6.5lbs - 85 Servings

VALUE SIZE!
POPEYE'S
EXTRAORDINARY LOWEST PRICE!

BUY 1ST ONE
79⁹⁹

GET 2ND ONE
55⁹⁹

Save \$24

✓ With Digestive Enzymes
Tri-Pro Protein Matrix



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Choose a mixed whey if you want the best 'bang for your buck'. Mixed Whey options combine **whey isolate**, concentrate and even **hydrolysate** into one product. While they tend to have more carbohydrates, fats, lactose, sodium and cholesterol than a pure whey isolate, they're still a **great quality protein source** and make an excellent choice for **adding to smoothies** or to simply add additional protein to the diet.

ATP New Zealand Whey **NEW**

~~4.4lbs - 66 Servings~~
6lbs - 91 Servings

VALUE SIZE!
POPEYE'S
EXTRAORDINARY LOWEST PRICE!

BUY 1ST ONE
99⁹⁹

GET 2ND ONE
69⁹⁹

Save \$30

INFORMED-CHOICE
Trusted by sport

✓ Helps Regulate Appetite
Faster Bioavailability

Revolution Nutrition Whey Dessert **NEW**

4lbs - 47 Servings 1.7lbs - 20 Servings

EXCLUSIVE PRODUCT!
POPEYE'S
EXTRAORDINARY LOWEST PRICE!

BUY 1ST ONE
54⁹⁹

GET 2ND ONE
38⁴⁹

Save \$16.50

EXCLUSIVE PRODUCT!
POPEYE'S
EXTRAORDINARY LOWEST PRICE!

BUY 1ST ONE
29⁹⁹

GET 2ND ONE
20⁹⁹

Save \$9

✓ 6 Decadent Flavours
Healthy Treat Option!

✓ Real Dessert Bites!
Only 1g of Sugar

**"A great
quality
protein
source"**

OVER 140 STORES ACROSS CANADA



Carbohydrates provide the body with its **main source of fuel**. The right carbohydrate at the right time can make all the difference! Some carbohydrate sources are better suited to add to a smoothie, while others are better either **before, during or after a workout**. We will help you identify which option is ideal for you and your goals. Mixing the **right carbohydrate with a BCAA** (pg 14) is an excellent option to drink **during your workout or competition!**

QSE Gold Medal Carbs

~~2.3lbs - 20 Servings~~
10lbs - 90 Servings



BUY 1ST ONE
44⁹⁹
GET 2ND ONE
31⁴⁹
Save \$13.50

- ✓ Pure Maltodextrin
- ✓ Flavourless for Shakes

EFX Karbolyn

~~4.3lbs - 40 Servings~~
5.28lbs - 48 Servings



BUY 1ST ONE
69⁹⁹
GET 2ND ONE
48⁹⁹
Save \$21

- ✓ 100% Sugar & Gluten Free
- ✓ Informed Choice Certified

CARBS

BioX Nutri-Nut

~~456g - 38 Servings~~
684g - 57 Servings



BUY 1ST ONE
17⁴⁹
GET 2ND ONE
12²⁴
Save \$5.25

- ✓ Non GMO & Gluten Free
- ✓ All Natural Ingredients

HEALTHY FOOD

BUY 1, GET 1
30% OFF!
MIX & MATCH!*

TM & © 2018 King Features Syndicate, Inc.



Rule1 Leucine

375g - 75 Servings



BUY 1ST ONE
39⁹⁹
GET 2ND ONE
27⁹⁹
Save \$12

- ✓ 5g l-leucine
- ✓ Instantized for easy mixing

PVL Arginine

500g - 100 Servings



BUY 1ST ONE
49⁹⁹
GET 2ND ONE
34⁹⁹
Save \$15

- ✓ Increase Vasodilation
- ✓ Improve Blood Flow to Muscles

PVL Taurine

500g - 167 Servings



BUY 1ST ONE
19⁹⁹
GET 2ND ONE
13⁹⁹
Save \$6

- ✓ Improves Glucose Tolerance
- ✓ Acts as an Antioxidant

AMINO ACIDS



PRE-WORKOUT

Incredible **energy!** Mind blowing **pumps!** Razor sharp **mental focus!** Herculean **strength!** Exceptional **endurance!** Pre-workouts come in **many different flavours and formulas** and choosing the right one for your own lifestyle, goals and tolerance can be a bit daunting. We'll ask you the right questions to help you narrow down the choices and **find the right one for you.** We have options with **no artificial sweeteners, colours or flavours.** We have non-stimulant options. Options with creatine or without. Just talk to one of our team members and we'll find the product that's **best for YOU** and your unique goals!



Magnum Rocket Science
60 Caps - 60 Servings
72 Caps - 72 Servings

VALUE SIZE! POPEYE'S
EXTRA BLENDED CHERRY PEACH

BUY 1ST ONE
32⁹⁹

GET 2ND ONE
23⁰⁹
Save \$9.90

✓ Improves Mood & Focus
✓ Increase Strength & Stamina

Nutraceuticals Supernova
288g - 20 Servings
360g - 25 Servings

VALUE SIZE! POPEYE'S
EXTRA BLENDED CHERRY PEACH

BUY 1ST ONE
49⁹⁹

GET 2ND ONE
34⁹⁹
Save \$15

✓ Citrulline For Crazy Pumps
✓ Mouth Watering Flavours

Optimum Nutrition Amino Energy
270g - 30 Servings
360g - 40 Servings

VALUE SIZE! POPEYE'S
EXTRA BLENDED CHERRY PEACH

BUY 1ST ONE
39⁹⁹

GET 2ND ONE
27⁹⁹
Save \$12

✓ 2 Delicious Flavour Options
✓ Anytime Energy + Amino Acids

Revolution Bull Dose Evolution **NEW**
630g - 42 Servings

EXCLUSIVE PRODUCT! POPEYE'S
EXTRA BLENDED CHERRY PEACH

BUY 1ST ONE
69⁹⁹

GET 2ND ONE
48⁹⁹
Save \$21

✓ Full Clinical Doses
✓ Innovative Delicious Flavours

Rivalus Powder Burn 2.0 **INFORMED CHOICE**
403g - 35 Servings
506g - 44 Servings

VALUE SIZE! POPEYE'S
EXTRA BLENDED CHERRY PEACH

BUY 1ST ONE
44⁹⁹

GET 2ND ONE
31⁴⁹
Save \$13.50

✓ Informed Choice Certified
✓ Great for Stamina and Focus

Revolution Bull Dose Rush **NEW CANDY FLAVOURS!**
504g - 42 Servings

EXCLUSIVE PRODUCT! POPEYE'S
EXTRA BLENDED CHERRY PEACH

BUY 1ST ONE
59⁹⁹

GET 2ND ONE
41⁹⁹
Save \$18

✓ Great Candy Flavours
✓ 6g of L-Citrulline

"Incredible energy!"



OVER 140 STORES ACROSS CANADA



Cellucor C4 Ultimate

380g - 20 Servings



BUY 1ST ONE
49⁹⁹
GET 2ND ONE
34⁹⁹
Save \$15

- ✓ 3.2g of Beta-Alanine per Serving
- ✓ Contains Creatine Nitrate

ProSupps Mr Hyde NitroX

213g - 60 Servings
256g - 72 Servings



BUY 1ST ONE
54⁹⁹
GET 2ND ONE
38⁴⁹
Save \$16.50

- ✓ Agmatine Sulfate
- ✓ Fantastic Energy

Mammoth Pump

540g - 60 Servings
684g - 76 Servings



BUY 1ST ONE
59⁹⁹
GET 2ND ONE
41⁹⁹
Save \$18

- ✓ Creatine HCL & Beta Alanine
- ✓ Taurine + Tyrosine for Focus

Rule1 R1 Pre Amino

605g - 72 Servings



BUY 1ST ONE
59⁹⁹
GET 2ND ONE
41⁹⁹
Save \$18

- ✓ Essential Amino Acids
- ✓ Anytime Energy

BSN NO Xplode

833g - 45 Servings
999g - 54 Servings



BUY 1ST ONE
64⁹⁹
GET 2ND ONE
45⁴⁹
Save \$19.50

- ✓ Increase Endurance
- ✓ Contains Electrolytes

Beyond Yourself Pre-Set

277g - 30 Servings
416g - 45 Servings

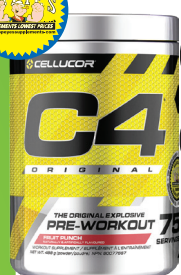


BUY 1ST ONE
59⁹⁹
GET 2ND ONE
41⁹⁹
Save \$18

- ✓ Amplified Energy Igniter
- ✓ Clinically Proven Ingredients

Cellucor C4 Original

390g - 60 Servings
487g - 75 Servings



BUY 1ST ONE
65⁹⁹
GET 2ND ONE
46¹⁹
Save \$19.80

- ✓ Contains CarnoSyn® Beta-Alanine
- ✓ Tyrosine for Mental Focus

Cellucor C4 Ultimate

380g - 20 Servings
760g - 40 Servings



BUY 1ST ONE
79⁹⁹
GET 2ND ONE
55⁹⁹
Save \$24

- ✓ Contains Creatine Nitrate
- ✓ 3.2g of Beta-Alanine per Serving

"Mind
blowing
pumps!"

BUY 1, GET 1
30% OFF!
MIX & MATCH!*

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www.popeyessupplements.com



ALL NEW CREATINE STANDARD

ALLMAX delivers the latest in Creatine Purity and effectiveness. New CreaSyn™ Creatine has an astounding 12 times greater surface area than other Creatines. Our new CreaSyn™ Creatine purity meets or exceeds every other specification out there.

Take your gains to a whole new level with the most heavily researched & proven effectiveness only ALLMAX Creatine can bring you.



EXPLOSIVE PRE-WORKOUT STIM

MOTIVATION IS EVERYTHING! Motivation to crush your workout and walk away satisfied that you absolutely killed it. IMPACT Igniter is not a "once in a while" pre. It's a system that gets better every time you use it. If you're tired of the adrenal numbing DM-whatever, then make the switch to real performance-enhancing, research-backed results. IMPACT will give you the explosive power you need to produce the best workout, every time!



PROFESSIONAL GRADE SUPPLEMENTS

ALLMAX®

PROFESSIONAL GRADE SUPPLEMENTS

INTELLIGENT DIETING SUPPORT

Limit muscle tissue breakdown when you're dieting – it reduces metabolism. Taking AMINOCORE feeds your muscles directly even when dieting and dramatically limits muscle deterioration. The net effect; you retain muscle, melt fat and maintain a higher metabolism. AMINOCORE is the dieting secret you've been looking for.

TRULY CLEAR AMINOS



TRULY SUPERIOR PROTEIN

ISO FLEX has taken WPI technology to a whole new level of measurable superiority. ISO FLEX is significantly lower in lactose, fat, sugar and carbs, compared to regular WPIS. If you're looking for the highest quality, most premium and fastest absorbing protein, then look no further than ISO FLEX; a Truly Superior Whey Protein Isolate.



follow your



Whatever your path is, Iron Vegan has a **clean, great-tasting protein** that fits your style.

BUY 1, GET 1 30% OFF! MIX & MATCH!



Organic. Sprouted. Non-GMO.

UP TO
18G PROTEIN | **3G** FIBRE | **0G** SUGAR

Advanced Recovery for Athletes.

30G PROTEIN | **8G** GLUTAMINE | **7G** BCAAs

EFX
Kre-Alkalyln

~~192 Caps - 96 Servings~~
260 Caps - 130 Servings

INFORMED CHOICE
KORG
trusted by sport



BUY 1ST ONE
59⁹⁹
GET 2ND ONE
41⁹⁹
Save \$18

✓ No Water Retention
✓ Easily Absorbed

Fusion
Purple K

~~100 Caps - 50 Servings~~
130 Caps - 65 Servings



BUY 1ST ONE
39⁹⁹
GET 2ND ONE
27⁹⁹
Save \$12

✓ Increase Strength
✓ Neutralizes Lactic Acid

MuscleTech
Creactor

150 Caps - 75 Servings



BUY 1ST ONE
39⁹⁹
GET 2ND ONE
27⁹⁹
Save \$12

✓ No Loading or Bloating
✓ HCL & Free-Acid Creatine

MuscleTech
Platinum Creatine

~~400g - 80 Servings~~
1500g - 300 Servings



BUY 1ST ONE
36⁹⁹
GET 2ND ONE
25⁸⁹
Save \$11.10

✓ Pure Creatine Monohydrate
✓ HPLC - Tested

CREATINE

"Increases strength and stamina!"



TM & © 2018 King Features Syndicate, Inc.

Rivalus
Creatine Monohydrate

1200g - 240 Servings

INFORMED CHOICE
KORG
trusted by sport



BUY 1ST ONE
29⁹⁹
GET 2ND ONE
20⁹⁹
Save \$9

✓ Certified Informed Choice
✓ Improve Sport Performance

MuscleTech
Platinum Citrulline

492g - 140 Servings

NEW



BUY 1ST ONE
44⁹⁹
GET 2ND ONE
31⁴⁹
Save \$13.50

✓ Stimulant Free Intense Pumps
✓ Flavourless Powder

Magnum
Volume

~~96 Caps - 24 Servings~~
120 Caps - 30 Servings



BUY 1ST ONE
34⁹⁹
GET 2ND ONE
24⁴⁹
Save \$10.50

✓ Delivers Unbelievable Pumps
✓ Decrease Muscle Soreness

NITRIC OXIDE

Nitric Oxide products are designed to **improve vasodilation** (dilating blood vessels) which in turn **improves blood flow to muscles**. While exercising, this increases both pump and vascularity and afterwards, the increased blood flow to muscles **allows for better nutrient delivery to damaged muscles** so they can repair and grow. **Both Citrulline and Arginine** are the key ingredients that **increase the production and retention of nitric oxide in the body**.

www.popeyessupplements.com



KETOGENIC DIET

The **ketogenic diet** is a **high fat and low carb diet**. The goal of the ketogenic diet is to 'flip' our body's metabolism from using carbohydrates as the primary energy source, to instead **use fats for fuel**. The liver breaks down fats into 'ketones' which can be used very effectively by our cells for energy, while providing several other health benefits too. Followers of a **ketogenic diet** can experience **accelerated fat loss, improved cardiovascular health and enhanced brain performance**.

A ketogenic diet typically **requires a split of 70-75% of total daily calories from fat sources**, 20% from protein and less than 10% coming from carbs. I designed the KETOSYS series of ketogenic lifestyle products by ANS Performance to help make keto-living simple!



Dr. Nicholas Rupcich, PhD. Owner, Chief Scientific Officer, ANS Performance

SD Pharmaceuticals Ketones

150g - 60 Servings



BUY 1ST ONE
59⁹⁹

GET 2ND ONE
30% OFF!

- ✓ 2g BHB per 2.5g Serving
- ✓ Helps Ease Into Ketosis

PharmaFreak Ripped Freak Keto

255g - 30 Servings



BUY 1ST ONE
69⁹⁹

GET 2ND ONE
30% OFF!

- ✓ 2g BHB per serving
- ✓ Incredible Energy & Mental focus

Suzie's Good Fats

1 Box - 12 x 39g Bars



BUY 1ST ONE
37⁹⁹

GET 2ND ONE
26⁵⁹

Save \$11.40

- ✓ Fantastic Keto Friendly Snack
- ✓ Light and Delicious

5% Nutrition Knock the Carb Out Keto Bar

1 Box - 10 x 78g Bars



BUY 1ST ONE
39⁹⁹

GET 2ND ONE
27⁹⁹

Save \$12

- ✓ Keto Meal Replacement
- ✓ Decadent Taste

Bulletproof Brain Octane Oil

473ml - 32 Servings 946ml - 64 Servings



BUY 1ST ONE
29⁹⁹

GET 2ND ONE
20⁹⁹

Save \$9

BUY 1ST ONE
59⁹⁹

GET 2ND ONE
41⁹⁹

Save \$18

- ✓ Pure C8 MCT Oil
- ✓ Improves Cognitive Function

Bulletproof XCT Oil

473ml - 32 Servings 946ml - 64 Servings



BUY 1ST ONE
24⁹⁹

GET 2ND ONE
17⁴⁹

Save \$7.50

BUY 1ST ONE
44⁹⁹

GET 2ND ONE
31⁴⁹

Save \$13.50

- ✓ Contains 10 carbon medium chain triglyceride
- ✓ Highly Ketogenic

PVL MCT Oil

946ml - 63 Servings



BUY 1ST ONE
33⁹⁹

GET 2ND ONE
23⁷⁹

Save \$10.20

- ✓ Excellent Source of Fuel
- ✓ Easily Converted into Energy

OVER 140 STORES ACROSS CANADA



ANS
PERFORMANCE®



KETOSYS™

KETOGENIC LIFESTYLE SYSTEM

BUY 1, GET 1
30% OFF!
MIX & MATCH!

KETOGENIC
LIVING MADE
SIMPLE

KETOVITA
goBHB® Ketones +
Vitamins for Energy



**KETOGENIC MEAL
REPLACEMENT FUEL**
Convenient healthy fats & protein

KETOMATE
Delicious Zero Sugar
Coffee/Beverage
Enhancer



100% ALL NATURAL SWEAT INTENSIFIER

INCREASE BLOOD FLOW AND CIRCULATION TO YOUR MOST STUBBORN AREAS.

WHATEVER YOUR GOALS ARE:

- TIGHTENING UP
- STRENGTH
- ENHANCED MOTIVATION
- IMPROVED BLOOD FLOW
- INJURY RECOVERY AND PREVENTION

DRIP FIT BANDS COMPRESS THE MUSCLES,
INCREASING BODY HEAT PRODUCTION, WHICH
LEADS TO MORE BLOOD FLOW AND REDUCTION
OF INFLAMMATION.

DRIP FIT BANDS WILL ALSO MAXIMIZE SWEAT
PRODUCTION IN LOCALIZED AREAS, WHICH
HELPS TIGHTEN, TONE AND PULL EXCESS
WATER FROM TROUBLE AREAS.

BUY 1, GET 1
30% OFF!
MIX & MATCH!



WWW.DRIPFIT.CA | MADE IN CANADA

JOINT SUPPORT

Progressive Collagen
500g - 49 Servings
600g - 58 Servings

VALUE SIZE!
POPEYE'S
SUPPLEMENTAL JOINT POLICY

BUY 1ST ONE
49⁹⁹

GET 2ND ONE
34⁹⁹

Save \$15

Progressive Complete Collagen
Adult Formula
Formule Adultes

- Connective Tissue Support
- Soutien de tissu conjonctif
- Maintains Bones & Cartilage
- Entretient les os et le cartilage
- Healthy Hair, Skin & Nails
- Santé des cheveux, des ongles et de la peau

800g
25.35oz

✓ Great For Hair, Skin, Nails
✓ No Artificial Sweeteners or Dyes

**"Every strong body
is built on a solid
foundation"**



MINERALS

ATP SynerMag
90 Caps - 90 Servings
110 Caps - 110 Servings

INFORMED-CHOICE
KOSHER
Trusted by sport

VALUE SIZE!
POPEYE'S
SUPPLEMENTAL JOINT POLICY

BUY 1ST ONE
26⁹⁹

GET 2ND ONE
18⁸⁹

Save \$8.10

Mg
110 Capsules

SYNERMAG

✓ Facilitates Recovery
✓ Cortisol management

ATP SynerZinc
90 Caps - 90 Servings
110 Caps - 110 Servings

INFORMED-CHOICE
KOSHER
Trusted by sport

VALUE SIZE!
POPEYE'S
SUPPLEMENTAL JOINT POLICY

BUY 1ST ONE
26⁹⁹

GET 2ND ONE
18⁸⁹

Save \$8.10

Zn
110 Capsules

SYNERZINC

✓ Powerful Antioxidant
✓ Balances Testosterone

**BUY 1, GET 1
30% OFF!
MIX & MATCH!***

OMEGA-3

Progressive OmegEssential Forté
200ml - 40 Servings
500ml - 100 Servings

VALUE SIZE!
POPEYE'S
SUPPLEMENTAL JOINT POLICY

BUY 1ST ONE
79⁹⁹

GET 2ND ONE
55⁹⁹

Save \$24

OmegEssential Forté
Adult Formula
Formule Adultes

✓ Cardiovascular Health
✓ Reduces Inflammation

Progressive OmegEssential Softgel
120 Caps - 60 Servings
250 Caps - 125 Servings

VALUE SIZE!
POPEYE'S
SUPPLEMENTAL JOINT POLICY

BUY 1ST ONE
44⁹⁹

GET 2ND ONE
31⁴⁹

Save \$13.50

OmegEssential
High Potency Fish Oil
Adult Formula
Formule Adultes

- 1000 mg EPA, 500 mg DHA
- 3 Complementary Fish Oils
- Cold Water & Wild Caught
- Molecularly Distilled
- IFOS Tested

250 Capsules

✓ Improves Focus
✓ May Reduce Asthma

Progressive OmegEssential Softgel +D
120 Caps - 60 Servings
250 Caps - 125 Servings

VALUE SIZE!
POPEYE'S
SUPPLEMENTAL JOINT POLICY

BUY 1ST ONE
49⁹⁹

GET 2ND ONE
34⁹⁹

Save \$15

OmegEssential +D
High Potency Fish Oil
Adult Formula
Formule Adultes

- 1000 mg EPA, 550 mg DHA
- 3 Complementary Fish Oils
- Cold Water & Wild Caught
- Molecularly Distilled
- IFOS Tested

250 Capsules

✓ Assists Healthy Mood Balance
✓ 1000mg EPA, 550mg DHA

EXCLUSIVE VALUE SIZE SALE!

**Progressive
Active Men's
or Women's Multi**
~~120 Caps - 40 Day Supply~~
216 Caps - 72 Day Supply



BUY 1ST ONE
49⁹⁹

GET 2ND ONE
34⁹⁹
Save \$15

- ✓ Combats Stress & Fatigue
- ✓ Strengthens Immune Function

**Revolution Nutrition
Vitamin Cooler**
~~350g - 25 Servings~~
420g - 30 Servings



BUY 1ST ONE
49⁹⁹

GET 2ND ONE
34⁹⁹
Save \$15

- ✓ Powder Form for Full Absorption
- ✓ Full Spectrum Vitamins & Minerals

MULTIVITAMINS

**Magnum
Primer**
~~24 Packs - 24 Servings~~
30 Packs - 30 Servings



BUY 1ST ONE
54⁹⁹

GET 2ND ONE
38⁴⁹
Save \$16.50

- ✓ Supports Muscle Mass & Recovery
- ✓ Improves Strength & Performance

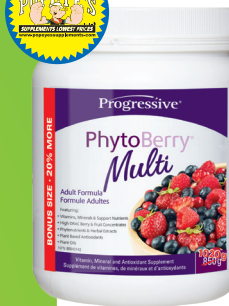
SPORTS MULTI



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Just like a house, every strong body is built on a solid foundation. A healthy body is a strong body. No matter your goal, your success depends on having all the little details taken care of. Everything from gut health, to inflammation, immunity and your body's pH can play a monstrous role in how easily you can achieve your health, fitness or performance goals. Don't overlook the little things!

**Progressive
PhytoBerry Multi**
~~850g - 50 Servings~~
1020g - 60 Servings



BUY 1ST ONE
79⁹⁹

GET 2ND ONE
55⁹⁹
Save \$24

- ✓ 6 - 8 Servings of Fruit
- ✓ Provides Half Daily Vitamins

**Progressive
PhytoBerry**
~~900g - 60 Servings~~
1080g - 72 Servings



BUY 1ST ONE
69⁹⁹

GET 2ND ONE
48⁹⁹
Save \$21

- ✓ Whole Body Antioxidant
- ✓ Immune & Heart Health

ANTIOXIDANTS

**Progressive
VegeGreens Multi**
~~500g - 50 Servings~~
600g - 60 Servings



BUY 1ST ONE
79⁹⁹

GET 2ND ONE
55⁹⁹
Save \$24

- ✓ 6 - 8 Servings of Vegetables
- ✓ Provides Half Daily Vitamins

**Progressive
VegeGreens**
~~530g - 60 Servings~~
635g - 72 Servings



BUY 1ST ONE
69⁹⁹

GET 2ND ONE
48⁹⁹
Save \$21

- ✓ Restores a Healthy pH Balance
- ✓ Supports Liver Function

GREENS

FRIDAY AUG 10TH - SUNDAY SEPT 16TH

TESTOSTERONE BOOSTERS

Precision Mega-Z

~~120 Caps - 40 Servings~~
150 Caps - 50 Servings



BUY 1ST ONE
29⁹⁹

GET 2ND ONE
20⁹⁹
Save \$9

- ✓ Better Recovery
- ✓ Aids in Tissue Formation

Magnum Thrust

~~120 Caps - 20 Servings~~
144 Caps - 24 Servings



BUY 1ST ONE
79⁹⁹

GET 2ND ONE
55⁹⁹
Save \$24

- ✓ Deeper, More Restful Sleeps
- ✓ 100% Pharmaceutical Grade

MuscleTech Test HD Super Elite

180 Caps - 30 Servings



BUY 1ST ONE
79⁹⁹

GET 2ND ONE
55⁹⁹
Save \$24

- ✓ Testosterone Production
- ✓ Helps Reduce Stress Levels

Precision MegaTest

160 Caps - 40 Servings



BUY 1ST ONE
69⁹⁹

GET 2ND ONE
48⁹⁹
Save \$21

- ✓ Contains Tongkat Ali
- ✓ 3 Anti-Aromatase Agents

"Improved energy levels and sex drive!"

ESTROGEN SUPPRESSION

ATP Estro Control

~~60 Caps - 60 Servings~~
75 Caps - 75 Servings



BUY 1ST ONE
64⁹⁹

GET 2ND ONE
45⁴⁹
Save \$19.50

- ✓ Restores hormonal balance
- ✓ Provides Antioxidants



Testosterone is the body's hormone responsible for everything from **building muscle to energy levels and libido**. All men experience **age related declines** in testosterone production beginning in their **early 30s**. Testosterone boosters **stimulate** the body to **produce** this hormone **more efficiently** and/or **mimic the effects** of testosterone in the body. Benefits include improved **recovery from training**, increases in both **strength** and ability to **build muscle**, improved **energy levels and sex drive**.

OVER 140 STORES ACROSS CANADA





CANADIAN MADE QUALITY



L-LEUCINE

4.8G

CARNITINE TARTRATE

1000 MG

NOOTROPIC INGREDIENTS

1602 MG

CAFFEINE ANHYDROUS

100 MG

- Zero carb/anabolic intra-workout BCAA endurance formula
- Vegan sourced BCAAs (4:1:1 ratio), L-Carnitine and Magnesium
- Designed to promote endurance, improve recovery time, improve muscle function, increase natural energy levels, stimulates metabolism, help oxidize fats and helps repair muscle tissue to aid with muscle growth.
- 7 mouth-watering fruit flavours

- The ONLY nootropic BCAA in the Canadian market
- Full recommended dose of proven nootropic Alpha GPC
- Can be taken for both mental and physical performance
- Promotes alertness, wakefulness and enhances cognitive health/performance.
- STUDY, WORK, TRAIN AND GAIN
- 7 mind blowing candy flavours

LIMITED SUMMER TIME PROMO!



- 2 NEW FLAVOURS**
- PEACH ICED TEA
 - HALF & HALF ICED TEA-LEMONADE
 - SWEET ICED TEA
 - PINEAPPLE PASSION
 - TROPICAL MANGO
 - FUZZY PEACH
 - ROADSIDE LEMONADE
 - FRUIT PUNCH
 - KEY LIME CHERRY
 - BLUE RASPBERRY
 - WATERMELON

114-SERVING BONUS SIZE COMES IN ALL FLAVOURS!

FREE VARIETY PACK ICED TEA SERIES

FREE WITH THE PURCHASE OF ANY FLAVOUR OF BCAA 9.7™ 114 SERVE

9.7G TOTAL AMINOS	7.2G INSTANT BCAAs	0G CARBS AND SUGARS	100% DELICIOUS
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25% BETTER ABSORPTION!

Biperine in studies demonstrated the enhanced peak absorption of marked BCAAs by a factor of 1.25 to 1.36 times. Reference: Biochem Pharmacol. 1992 Apr 1;43(7):1401-7. Biperine-mediated changes in the permeability and uptake of amino acids. Johri RK, Thussu N, Khajuria A, Zutshi U.



NEW!

FAST PROTEIN - MADE FASTER!™

Nothing is faster than whey protein hydrolysate at delivering complete, high biological-value protein straight to your muscles.

HydroGold 100™ is available in 4 Amazing Gourmet Flavours!

Plus for a limited time only, get a free Glutamine Gold+™ - a \$24.99 value - absolutely free with the purchase of every 5.5 lb bonus size HydroGold 100™!



FREE GLUTAMINE GOLD+™

- GOURMET VANILLA
- GOURMET PEANUT CHOCOLATE SWIRL
- GOURMET CHOCOLATE
- GOURMET BANANA CHOCOLATE SWIRL

2 GLUTAMINES FOR BETTER RESULTS!

Features 100% pure fermented L-Glutamine and L-Alanyl-L-Glutamine for a superior 1-2 absorption punch, plus L-Alanyl-L-Glutamine has also been shown in studies to help with rehydration after grueling training sessions.



VEGAN / NATURAL

FITNESS ACCESSORY

Progressive WheyEssential

840g - 22 Servings
2kg - 52 Servings



BUY 1ST ONE
139⁹⁹

GET 2ND ONE
97⁹⁹

Save \$42

- ✓ Aids in Proper Tissue Formation
- ✓ Helps Maintain Immune Function

Progressive Harmonized Vegan

840g - 24 Servings
2kg - 57 Servings



BUY 1ST ONE
99⁹⁹

GET 2ND ONE
69⁹⁹

Save \$30

- ✓ Enhances Lean Muscle Growth
- ✓ Exceptional Immune Support

Progressive VegEssential

840g - 18 Servings
2kg - 43 Servings

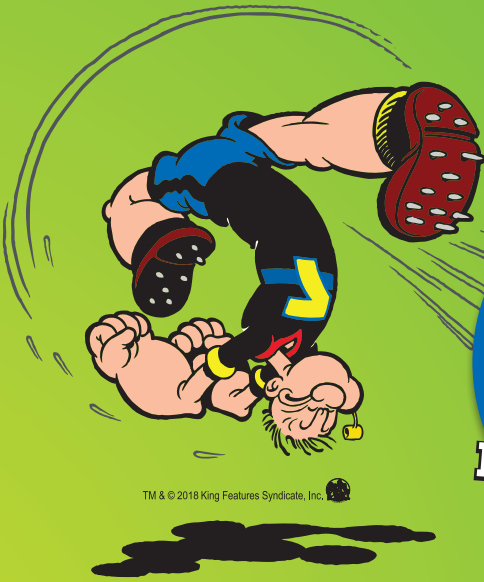


BUY 1ST ONE
119⁹⁹

GET 2ND ONE
83⁹⁹

Save \$36

- ✓ Convenient, All in One Smoothie!
- ✓ Helps Detoxify & Alkalize



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BUY 1, GET 1
30% OFF!
MIX & MATCH!*

Revolution Pure Whey

4lbs - 59 Servings



BUY 1ST ONE
39⁹⁹

GET 2ND ONE
27⁹⁹

Save \$12

- ✓ Blended Protein Formula
- ✓ Naturally Flavoured & Sweetened

Popeye's® Gear Typhoon Shakers



BUY 1ST ONE
9⁹⁹ EACH

GET 2ND ONE
6⁹⁹ EACH

Save \$3

- ✓ BPA Free
- ✓ 100% Leak Proof

Popeye's® Gear Power Jug



BUY 1ST ONE
19⁹⁹ EACH

GET 2ND ONE
13⁹⁹ EACH

Save \$6

- ✓ Dishwasher Safe
- ✓ Extra Durable!

Popeye's® Gear Vitamin Case



BUY 1ST ONE
19⁹⁹ EACH

GET 2ND ONE
13⁹⁹ EACH

Save \$6

- ✓ Divided Compartments
- ✓ Stay Organized!



WE CAN'T BE BEAT!

WE WILL BEAT ANY ONLINE OR INSTORE ADVERTISED PRICE.



Popeye's® Supplements Value Sizes have anywhere from **20% to 60% more** product than the regular market size. A Popeye's® Supplements Value Size is a **larger, custom size** that is only available at Popeye's® Supplements. These products deliver a much **lower cost per serving**, giving our customers the **best value possible**.

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Superior Customer Service



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Save More with our Value Sizes



Increase your Overall Health



Improve your Athletic Performance



Bigger! Stronger! Leaner! Fitter! Faster!

OVER 140 STORES ACROSS CANADA



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